



## EVENT INFO – REGULATION

Regulation subject to amendments following anti COVID-19 government regulations with possible effects on event services delivery.

### ART 1. ORGANIZING COMMITTEE

Sport PRO-MOTION A.S.D. organize the II ULTRA Trail Lago Maggiore (further UTLM) on 1-2.10.2022.  
Organizing Committee (further OC): Sport PRO-MOTION A.S.D.  
Via Maurizio Muller, 37 - 28921 Verbania (VB), Italy - Tel +39.0323.919.861  
UTLM@pro-motion.it - www.UTLM.it

### ART 2. REGISTRATION OFFICE

Registration by Sport Data Management S.r.l. (SDAM): UTLM@sdam.it

### ART 3. ELIGIBILITY

Every participant is obliged to subscribe a personal medical insurance valid in Italy; the insurance must cover accident along the course and the eventual rescue service operations including the ones done by helicopter (see ART. 22).

Based on current Italian Law for participation at sport events (D.M. 18.02.1982 tab. B) UTLM races are open to everyone who is 18 years old on 01.09.2022, holding a valid agonistic sport medical certificate (template on www.UTLM.it).

For 81K race, we advise participants to have completed at least one TRAIL race on mountain terrain of about 40 Km and 2.500m D+.

Every participant must be aware of chosen race length and specific terrain where the race takes place, be well trained and have acquired before the race, a full capacity of self-autonomy in an alpine mountain environment, in particular:

- Be able to eventually face weather conditions that could become difficult. Alpine environment conditions can change fast and drastically, so this is an aspect that cannot be underestimated; therefore, participants must be able to face extreme weather conditions as intense cold/hot, snow or rain, strong wind etc.
- Be able to manage eventual physical/psychological problems connected to high level of tiredness, stomach problems, muscular/articular pain, small wounds, starvation/dehydration feelings etc.
- Be conscious that the OC role is not helping or assisting the participant to complete the race.

### ART 4. RESPONSIBILITY DECLARATION

UTLM is organized by Sport PRO-MOTION A.S.D. and for insurance reasons, every participant will be automatically affiliated to a promotional sport club for SAT 01.10.2022; participants at 81K race will be insured for SAT-SUN 01-02.10.2022. Every participants, by registering at any race part of the II UTLM, conscious of penalties for false declaration (Italian law art. 26 l. 15/68 and art. 489 c.p. and art. 2 - law 04/01/1968 n° 15 as modified with art. 3 comma 10 - law 15/05/1997 n° 127), hereby declares: "I accept and fully acknowledge regulation of the event, I am aware that participating at mountain sport races, especially mountain running (TRAIL), is a potential risk activity if the person is not well trained and in good physical condition or if not well equipped for morphological and weather condition typical of alpine environments; to be conscious that all participants must be 18 years old on race day and must hold a sport agonistic medical certificate valid on race date. To enter the race consciously assuming full responsibility for all risks arising from participation as falls, contacts with vehicles or other participants and spectators, extreme weather conditions including extreme heat/cold, traffic and road/ mountain trails conditions and any type of risk known and evaluated by myself. Being conscious of the above, considering the acceptance of my registration I, for myself and on behalf of anyone else, I fully arise the OC, (Sport PRO-MOTION A.S.D.), promoters, city councils of Verbania, Mergozzo, San Bernardino Verbo, Cossogno, Miazzina, Cambiasca, Intragna, Aurano, Oggebbio, Cannero Riviera, Ghiffa, Province of Verbania Cusio Ossola, Valgrande National Park, Piedmont Region, all Partners, their representatives, successors, officers, directors, members, agents and employees of entities mentioned above, from all present and future claims for liability of any kind, known or unknown, consequential to my participation at the event".

### ART 5. PRIVACY POLICY - IMAGE RIGHTS

Every participant declare to have read and accepted conditions for personal data usage/image rights published on section "PRIVACY" on www.UTLM.it.

### ART 6. SEMI-AUTONOMY - ASSISTANCE

Along any whole course it is forbidden to be accompanied/assisted by a non-enrolled person where the penalty is an immediate disqualification; assistance allowed only nearby refreshments points (100 m before/after).

Semi autonomy it is intended as the capacity of self-autonomy between refreshment points for food/beverage, equipment and safety to be able to face problems like bad weather, physical problems, injuries, etc.

### ART 7. COURSE MODIFICATION - EVENT CANCELLATION

In case of bad weather, race courses may be modified; based on safety conditions, the OC will give the possibility to race on alternative courses.

UTLM races takes place in a mountain environment, with Alpine style passages along the course of 81K (Pizzo Marona and Monte Zeda). In order to guarantee safety for all participants, staff and public, the OC has the right to modify courses at any time, modify time limit gates or in extreme cases cancel the event. Eventual modifications/cancellation can happen before the start or during the race with participants immediately informed about every modification by email, website, at the Technical Briefing or directly by the staff along the course.

### ART 8. ENVIRONMENT RESPECT

It is strictly forbidden to throw waste along the course; penalty is an immediate disqualification in addition to fines applied by local laws.

Every participant must respect the magnificent and uncontaminated environment surrounding the UTLM.

### ART 9. EVENT PROGRAMME

Time modification can be possible due to organizational reasons.

ATTENTION! SAT 01.10 at 03.00 pm SHUTTLE BUS departure from UTLM VILLAGE in Verbania Pallanza direction Start Area 18K in Cannero Riviera.

FRI 30.09	TECHNICAL BRIEFING	Event Centre "Il Maggiore" - Verbania:	04.00 pm English - 05.00 pm Italian
SAT 01.10	RACE START	UTLM VILLAGE - Verbania:	05.00 am 81K
			07.00 am 52K
			07.30 am 37K
		Lake Side - Cannero Riviera:	04.30 pm 18K

#### **ART 10. ITRA/UTMB POINTS**

As UTLM is a registered event on UTMB platform, following ITRA qualifying points are assigned; we advise to consult websites for more information:

- 81K** 4 Points
- 52K** (attending ITRA evaluation)
- 37K** 2 Points

#### **ART 11. COMPULSORY/RECOMMENDED EQUIPMENT**

**Safety first! TRAIL races are subject to uncertain weather conditions, a key factor that cannot be underestimated. For this reason, the OC will perform equipment checks at start and during the race; anyone missing items inside compulsory equipment list, or denying the control, will be immediately disqualified.**

In case of good weather conditions, compulsory equipment can be modified; eventual changes will be communicated during the Technical Briefing.

### **81K - 52K**

#### **COMPULSORY**

- Backpack or backpack + pouch with enough space for whole mandatory equipment
- GPS watch/device with GPX trace uploaded (free download on [www.UTLM.it](http://www.UTLM.it))
- GPS Tracker (only 81K race, provided by OC)
- Mobile phone: save emergency numbers of the OC indicated on BIB number, be sure to have network also in Switzerland; phone always on, no hidden number and 100% charged battery
- TRAIL running shoes
- Foldable plastic glass or other container with 15 Cl minimum capacity (at refreshment points will not be provided any type of containers)
- Foldable plastic plate or other container to consume food at refreshment points (at refreshment points will not be provided any type of containers)
- Water bottles or hydration pack (camelback style) with at least 1 Lt fluid reserve
- Headlamp with extra battery pack
- Survival blanket
- Whistle
- Elastic strap for medical dressing or strapping (min 100cm X 6cm)
- Food reserve
- Waterproof/windproof jacket (GORETEX style) with hood, suitable for bad weather condition (cold, wind, rain, snow)
- Long pants or ¾ pants + long socks to cover entire leg
- Spare warm microfiber long sleeve jersey
- Hat or head/neck band (Buff style) to cover all head
- Gloves

#### **RECOMMENDED**

- Extra warm cloths
- Waterproof pants cover
- Poles
- Sunglasses and sun cream
- Pocket money
- Basic First AID KIT

### **37K**

#### **COMPULSORY**

- Backpack or backpack + pouch with enough space for whole mandatory equipment
- Mobile phone: save emergency numbers of the OC indicated on BIB number; phone always on, no hidden number and 100% charged battery
- TRAIL running shoes
- Foldable plastic glass or other container with 15 Cl minimum capacity (at refreshment points will not be provided any type of containers)
- Foldable plastic plate or other container to consume food at refreshment points (at refreshment points will not be provided any type of containers)
- Water bottles or hydration pack (camelback style) with at least 1 Lt fluid reserve
- Survival blanket
- Whistle
- Elastic strap for medical dressing or strapping (min 100cm X 6cm)
- Food reserve
- Waterproof/windproof jacket (GORETEX style) with hood, suitable for bad weather condition (cold, wind, rain, snow)
- Hat or head/neck band (Buff style) to cover all head

#### **RECOMMENDED**

- Extra warm cloths
- Waterproof pants cover
- Poles
- Sunglasses and sun cream
- Pocket money
- Basic First AID KIT
- GPS watch/device with GPX trace uploaded (free download on [www.UTLM.it](http://www.UTLM.it))
- Long pants or ¾ pants + long socks to cover entire leg
- Spare warm microfiber long sleeve jersey
- Gloves

### **18K**

#### **COMPULSORY**

- Headlamp with extra battery pack
- Backpack or pouch with enough space for whole mandatory equipment
- Mobile phone: save emergency numbers of the OC indicated on BIB number; phone always on, no hidden number and 100% charged battery
- TRAIL/RUNNING shoes
- Foldable plastic glass or other container with 15 Cl minimum capacity (at refreshment points will not be provided any type of containers)
- Survival blanket
- Whistle
- Elastic strap for medical dressing or strapping (min 100cm X 6cm)
- Waterproof/windproof jacket or gilet + arm sleeves

#### **RECOMMENDED**

- Poles
- Sunglasses and sun cream
- Pocket money

- Basic First AID KIT
- GPS watch/device with GPX trace uploaded (free download on [www.UTLM.it](http://www.UTLM.it))
- Long pants or ¾ pants + long socks to cover entire leg
- Spare warm microfibre long sleeve jersey
- Food reserve
- Hat or head/neck band (Buff style) to cover all head
- Water bottles or hydration pack (camelback style) with at least 0.5 lt fluid reserve
- Foldable plastic plate or other container to consume food at refreshment points (at refreshment points will not be provided any type of containers)

#### ART 12. COURSE - CHECK POINTS

On segments along the course with vehicular traffic inside towns/villages, all participants are obliged to respect pedestrian regulation (ex: run aside on roads with traffic, cross streets using pedestrian crossings etc.). If you do not see a "UTLM" course sign for 300 meters, go back! You are on a wrong trail! In full respect of UTLM philosophy, to avoid erosion of the wonderful environment hosting us, it is absolutely forbidden to exit the race trails.

UTLM races take place inside a mountain environment with a large section inside Val Grande National Park; courses are entirely on mountain trails or gravel road with minimum sections on tarmac. For the distance 81K there will be some partly exposed alpine style sections (Pizzo Marona e Monte Zeda) equipped with fixed rope/chain. Every participant must severely follow his course indicated by signs, tape and reflective bands visible with headlamp where needed. It is strictly forbidden to follow different paths; the penalty is an immediate disqualification. Random checkpoints will be placed along the course; staff members will check participant's passage and conformity of mandatory equipment; any athlete refusing the control will be immediately disqualified.

#### RT 13. REGISTRATION - MAX N° PARTICIPANTS

Registration will close upon reaching the MAX n° of participants or by the OC unquestionable decision.

#### ENTRY FEES – MAX N° PARTICIPANTS

GARA	SLOT 01/100	SLOT 101/N° MAX	UTLM VILLAGE
81K – MAX 300	€ 90	€ 100	-
52K – MAX 300	€ 60	€ 70	-
37K – MAX 400	€ 40	€ 50	-
18K – MAX 300	€ 30		€ 40 (30.09-01.10)

#### SERVICES INCLUDED

GPS Tracker (81K)	Customized BIB	Disposable Chip	Showers	Medical Assistance
Official Gadget	Medal	Changing Rooms	Finisher Certificate	Third Parts Insurance
Guarded Clothes Deposit	Technical Briefing	Refreshments Points	Timing Points	Finish Massage
WC	Clothes Deposit Bag	GPS Traces	Shuttle BUS (18K)	

#### REGISTRATION OPTIONS

**ON-LINE** By 28.09 at 12.00pm  
Directly on [www.UTLM.it](http://www.UTLM.it) with easy, fast and secure system.  
Registration with payment by credit card or PAYPAL (commission applied).

**UTLMVILLAGE: only 14K race** 30.09-01.10 (only cash payments)

In person providing:

1. Registration Form fulfilled/undersigned at Village
2. Agonistic Medical Certificate (download template on [www.UTLM.it](http://www.UTLM.it))

#### ART 14. BIB /RACE KIT COLLECTION - DELEGATION

From MON 26.09.2022, every participant will receive a "CONFIRMATION LETTER" to be kept on mobile device, letter to be provided at UTLM VILLAGE to collect BIB Numbers; no BIB replacement is available in case of loss.

BIB number is necessary to benefit services dedicated to participants; participants has to indicate, on BIB backside, a name and mobile number to contact in case of emergency and save on mobile phone the OC emergency number indicated on BIB front side. BIB are strictly personal with no possibility to transfer it to a third person. It is responsibility of each participant to visibly endorse their BIB on frontal body part and it is forbidden to modify it. Anyone running without or modified BIB number will be disqualified and persecuted by sport and law authorities.

#### BIB DISTRIBUTION

UTLM VILLAGE - c/o Centro Eventi "Il Maggiore" Verbania (VB)

<b>37K - 52K - 18K</b>		<b>81K</b>	
FRI 30.09	10.00 am - 08.00 pm	FRI 30.09	10.00 am - 08.00
SAB 01.10	06:00 am - 02.45 pm		

#### DELEGATION

Only on FRI 30.09.2022 it will be possible to delegate a third person to pick-up BIB numbers; the appointed person must provide:

- Confirmation Letter printed/undersigned in original by delegating person + Delegation (attached to Confirmation Letter)
- ID copy (Passport or ID) of delegating person.

#### ART 15. ENTRY FEE REFUND - DISTANCE CHANGE

There will NOT be possibility to change selected distance.

Entry fees are not refundable, including cancellation by participants or postponement for major forces not directly referable to the O.C. including revocation of event authorization by local authorities. In case of cancellation of the event, there will be no refunds but the OC will evaluate the transfer of registration fees to next edition.

#### ART 16. TIMING – GPS TRACKER - CHIP

GPS tracker and CHIP are used to verify race time and for safety reasons, as they show participants transition along the course.

For the GPS tracker, included for 81K race, it is required a € 50,00 deposit refunded after the race upon returning the device.

Race timing will be done using CHIP technology with race time and intermediate timing points; participants not detected at timing points will be immediately disqualified. CHIP fixed to the BIB and GPS tracker are strictly personal with no possibility to transfer it to a third person, it is participant responsibility to wear them as shown in the instructions. Anyone running without CHIP, or exchanged CHIP, will be disqualified and persecuted by sport and law authorities.

#### ART 17. TIMING BARRIERS – MAXIMUM TIME

Participants transiting timing barriers after maximum time limit will be officially out the race and not anymore under the OC responsibility.

Timing barriers, visible on races "ROAD BOOK" available at [www.UTLM.it](http://www.UTLM.it), are calculated to monitor participant's position due to safety reasons and are calculated considering necessary time to finish the race within maximum time allowed.

81K	MAX	24:00h
52K	MAX	13:00h
37K	MAX	10:00h
18K	MAX	04:30h

#### **ART 18. DISQUALIFICATION**

Course marshals/officials will verify full respect of race regulations by all participants and in case of irregularity, they will disqualify the participant. It is also possible that the OC verifies irregularities after the race using images/video delivered to the OC. The Race Director can order an immediate disqualification for following infractions:

Irregular Mandatory Equipment
Check Point Control Refusal
Missing assistance/help to other participants
Non-respect of given instruction by Race Director, staff member or doctor/rescuer
Waste abandoning by participants or their assistants
Time barrier reached out of MAX Time
No-show at check point along the course
Non-respectful behaviour towards a member of the OC or other participants
Support along the race course by non-registered person
Use of lifts or any other transports during the race
Assistance received out of allowed range of 100 meters before/after refreshments points
Exchange with other person of: BIB number/CHIP/Tracker GPS

#### **ART 19. CLAIMS**

Only written claims will be considered; claims must be signed by participants and presented to the OC not later than 06.00pm on SUN 02.10.2022 including a deposit of 200,00€ which won't be refund in case of claim refusal. The claims' jury in charge is composed by: Race director – Security Manager – Course Marshalls. The jury can deliberate, without right of appeal, upon verifications made after the event using static and/or moving footage.

#### **ART 20. WITHDRAWAL**

**Participants pulling out must keep their BIB number to access all race services, including free transport by "DROP-OUT BUSES" available along courses.**

In case of withdrawal, participants must reach the closest refreshment/checkpoint to communicate their decision to OC who will invalidate the BIB number providing indication for the easiest way to reach Verbania. Participants pulling out without notifying immediately the OC, will be charged for false alarm and all potential expenses needed to activate the Alpine Rescue Service.

#### **ART 21. SAFETY - MEDICAL ASSISTANCE**

**Rescue points will be set-up along the course with dedicated staff and vehicles connected with the OC. Physical and health conditions of participants will be check, and in case they will not be considered adequate, there could be temporary or definitive stops without any right of appeal.**

Medical staff along the course guarantees assistance only in case of serious issues; therefore, we advise every participant to carry a basic self-medication kit for small blisters, which do not need medical assistance. Injured athletes can alert the OC at check/refreshment points, by calling the numbers indicated on their BIB or by asking help to other participants. Every participant must provide assistance to others in difficulties, the penalty will be a disqualification for rescue omission. In case of emergency, by exclusive decision of the OC, the Alpine Rescue Service will be alerted using anything necessary including eventual support from the helicopter. In case of helicopter assistance and if considered appropriate, some or all expenses for this operation, can be charged to the participant following Region Piedmont (Italy) laws.

#### **ART 22. PERSONAL MEDICAL INSURANCE**

**Every participant is obliged to subscribe a personal medical insurance valid in Italy; the insurance must cover accident along the course and the eventual rescue service operations including the ones done by helicopter.**

The OC subscribes a third party responsibility insurance for the event. Taking part to the race is under total responsibility of participants who waive any complaint against the OC in case of any damage not directly referable to OC. When registering participants sign a liability waiver by the "Responsibility declaration" (Art 4). The OC suggests to participants a subscription to the insurance offered by ITRA (International Trail Running Association - <https://itra.run>) who offers a very convenient daily (race day only) or annual insurance package.

#### **ART 23. ROAD BOOK - COURSE MAP - GPS TRACES**

Road Book, course map, elevation and GPS traces are available and downloadable free at [www.UTLM.it](http://www.UTLM.it).

#### **ART 24. REFRESHMENTS**

To reduce environment impact at refreshment points will not be available plastic glasses or plates, every participant must carry a portable glass/plate or similar recipient; the OC provides only liquids to fill up glasses, water bottles or hydration packs. There will be two kinds of products available at refreshment points:

**Drinks:** still/carbonated water, hot tea, isotonic drinks, Coca Cola and hot soup.

**Food:** fresh fruit (watermelon, bananas, oranges, apples), dry fruits, biscuits, chocolate, salted snacks, cheese, salami and bread.

To see the exact position of refreshment points refer to "Road Book" on [www.UTLM.it](http://www.UTLM.it).

#### **ART 25. CHANGING ROOM - SHOWERS - WC**

**The OC denies any liability for lost, damaged or stolen items. We advise not to leave any valuable item inside clothes deposit bags or inside changing rooms.**

Changing rooms, WC and showers are available at the Start/Finish Area at the UTLM VILLAGE with additional WC also available in some refreshment points or in existing buildings along the course (see details on "Road Book" [www.UTLM.it](http://www.UTLM.it)).

#### **ART 26. CLOTHES DEPOSIT BAG**

Every participant will receive a clothes deposit bag and a sticker to apply on it. There will be a clothes bag deposit at UTLM VILLAGE where participants can deliver, based on their BIB number, their bags and recollect it after the race.

#### **ART 27. RANKING - PRIZES**

**It is not possible to request prizes after terms indicated below.**

Ranking and race diploma will be available at [www.UTLM.it](http://www.UTLM.it).

The Award Ceremony, with trophies and products, will take place at the Start/Finish Area (UTLM VILLAGE) with following timetable:

<b>SAT 01.10</b>	<b>04:00 pm</b>	37K	General Ranking	First 5 Men/Women
		52K	General Ranking	First 10 Men/Women
	<b>07:00 pm</b>	81K	General Ranking	First 10 Men/Women
		18K	General Ranking	First 5 Men/Women

**ART 28. PARKING AREAS**

On 30.09 and 01-02.10 car's PAY parking in Verbania will be free of charge for all participants by placing on car window the BIB Number envelop with the sign "P".

**ART 29. HOSPITALITY**

Accommodation options will be listed all on [www.UTLM.it](http://www.UTLM.it).

**ART 30. PHOTO AND VIDEO**

All participant can see and download their pictures and video of the event on [www.UTLM.it](http://www.UTLM.it).

**ART 31. HOW TO REACH US**

**PLANE:** International Milan Malpensa Airport distant about 50 Km  
[www.sea-aeroportimilano.it](http://www.sea-aeroportimilano.it)

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**BUS:** Shuttle BUS Airport Milan Malpensa – Verbania (booking requested)  
[www.comazzibus.com/prenotazione\\_alibus.php](http://www.comazzibus.com/prenotazione_alibus.php)  
[www.safduemila.com/linee/alibus-malpensa-lago-maggiore/](http://www.safduemila.com/linee/alibus-malpensa-lago-maggiore/)

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**CAR:** Highway A8 dei Laghi with link to A26/E62 direction "Sempione" exit VERBANIA  
[www.autostrade.it](http://www.autostrade.it)

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**TRAIN:** Direct connection from Milan, Turin, Geneva and Zurich. Train stop VERBANIA  
[www.fsitaliane.it](http://www.fsitaliane.it)  
BUS Line Verbania Train Station – Verbania City Centre  
[www.vcotrasporti.it/it/orari.php](http://www.vcotrasporti.it/it/orari.php)