MATERIAL DESCRIPTION	COMPULSARY					RECCOMENDED			
RACE	60K	38K	24K	13K		60K	38K	24K	13K
ID						X	X	X	X
Backpack or backpack + pouch with enough space for whole mandatory equipment	X	X	X						
Elastic storage sport belt				X					
GPS watch/device with GPX trace (free download on www.UTLM.it)	X	X						X	X
GPS Tracker provided by OC	X								
Mobile phone: save emergency numbers of the OC indicated on BIB number; phone always on with no hidden number and 100% charged battery	X	X	X	X					
TRAIL RUNNNG shoes suitable for alpine terrain (gravel, stones, plates)	X	X	X						
RUNNING or TRAIL RUNNING shoes				X					
Plastic glass or container with wide cap suitable for drink/food consumption (at refreshment points will not be provided any type of containers)	X	X	X	X					
Water bottles or hydration pack (camelback style) with min 1 lt capacity	X	X	X						X
Headlamp + extra battery pack, alternatively two headlamps	X	X							
Survival blanket (min size 2.0m X 1.40m)	X	X	X						X
Whistle	X	X	X	X					
Elastic band for banding or strapping (min size 100cm X 6cm)	X	X	X	X					
Food reserve	X	X						X	X
Waterproof/windproof jacket (GORETEX Type) with hood, suitable for bad weather condition (cold, wind, rain, snow)	X	X	X						X
Long pants or ¾ pants + long socks to cover entire leg	X	X						X	X
Long sleeve shirt	X	X						X	X
Hat, cap or bandana to cover the entire head	X	X						X	X
Waterproof gloves	X	X						X	X
Sunglasses and sun cream for high altitude						X	X	X	X
Extra warm cloths						X	X	X	X
Waterproof pants cover						X	X	X	X
Extra warm microfiber long sleeve jersey						X	X	X	X
Poles						X	X	X	X
Pocket money for purchases at refuges etc.						X	X	X	X
Basic First Aid KIT (self-medication of small grazes, blisters, etc.)						X	X	X	X