



EVENT INFO - REGULATION

ART 1. ORGANIZING COMMITTEE

Sport PRO-MOTION A.S.D. organize the VI Trail Lago Maggiore (further TLM) on 25-26.09.2026.

Organizing Committee (further OC): Sport PRO-MOTION A.S.D. - Via Maurizio Muller, 37 - 28921 Verbania Intra (VB), Italy
UTLM@pro-motion.it - www.UTLM.it

ART 2. REGISTRATION OFFICE

Registration by EVODATA S.r.l.: TLM@evodata.it

ART 3. ELIGIBILITY - REQUIRED DOCUMENTATION

MEDICAL CERTIFICATE: every participant, except participants at 13K, must hold a valid agonistic sport medical certificate (template on www.UTLM.it).

TLM races are open to everyone aged 18 years old on 26.09.2026.

For 60K - 38K the OC recommend to have completed at least one TRAIL RUNNING race on Alpine/Mountain environment of about 35-40 Km with 2.500m D+.

Every participant must be aware of chosen race length and specific terrain where the race takes place, be well trained and have acquired before the race, a full capacity of self-autonomy in Alpine/Mountain environment, in particular:

- Be able to face weather conditions that could become difficult as are connected to an Alpine/Mountain environment that can change fast and drastically, so this is an aspect that cannot be underestimated; therefore able to face extreme weather conditions such as intense cold/hot, snow or rain, strong wind etc.
- Be able to manage physical/psychological problems connected to high level of tiredness, gastrointestinal problems, muscular/articular pain, small wounds, hunger/thirst feelings etc.
- Be conscious that the OC role is not helping the participant to manage and close his race.

ART 4. RULES ACCEPTANCE - RESPONSIBILITY DECLARATION

The OC can modify event regulation at any time to ensure safety for participants and public publishing variations on www.UTLM.it.

To be able to register at races part of TLM and be covered by a third part insurance, every participants will be automatically affiliated to a promotional sport entity for SAT 26.09.2026. Every participants, by registering at any race part of TLM, hereby declares: "I, conscious of penalties for false declaration (Italian law art. 26 l. 15/68 and art. 489 c.p. and art. 2 - law 04/01/1968 n° 15 as modified with art. 3 comma 10 - law 15/05/1997 n° 127), accept and fully acknowledge regulation of TLM, I am aware that participating at mountain sport races, especially in a Alpine/Mountain environment (TRAIL RUNNING), is a potential risk activity if the person is not well trained and in good physical condition or if not well equipped for morphological and weather conditions typical of the Alpine/Mountain environments; to be conscious that all participants must hold a sport agonistic medical certificate valid on race date and must be 18 years old on race day. To enter the race consciously assuming full responsibility for all risks arising from participation as falls, contacts with vehicles or other participants and spectators, extreme weather conditions including extreme heat/cold or humidity, course and mountain trails conditions and any type of risk known and evaluated by myself. Being conscious of the above, considering the acceptance of my registration I, for myself and on behalf of anyone else, fully arise the OC, (Sport PRO-MOTION A.S.D.), promoters, city councils along the courses, all Partners, their representatives, successors, officers, directors, members, agents and employees of entities mentioned above, from all present and future claims for liability of any kind, known or unknown, consequential to my participation at the event".

ART 5. PRIVACY POLICY - IMAGE RIGHTS

By registering at the event I expressly authorize the OC (Sport PRO-MOTION A.S.D.), together with legal entities having professional and commercial relations, to acquire the free right to use fix or moving images on which I may appear taken during my participation at the race on all visual supports as well as on promotional and/or advertising materials produced and distributed worldwide for the maximum time permitted by law, by regulations, by treaties in force, including any extension that may be made. I also declare to have read and accepted data processing and image rights conditions published on section "PRIVACY" on www.UTLM.it. Personal data provided will be processed in compliance with Legislative Decree No. 196/30.6.2003 and used exclusively for the purposes described on information published on www.UTLM.it ("PRIVACY" section).

ART 6. SEMI AUTONOMY - ASSISTANCE

Along any part of the course is forbidden to be accompanied/assisted by a non-enrolled person, the penalty is an immediate disqualification; assistance allowed only nearby refreshments points (100 m before/after).

Semi autonomy it is intended as the capacity of self-autonomy between refreshment points for food/beverage, equipment and safety to be able to face problems like bad weather, physical problems, injuries, etc.

ART 7. COURSE MODIFICATION - CANCELLATION

In case of bad weather, races courses may be modified; based on safety conditions, the OC will give possibility to race on alternative courses.

TLM races takes place in an Alpine/Mountain environment with a segment "Alpine Style" along the 60K course (Pizzo Marona and Monte Zeda). In case of bad weather or lack of minimum safety conditions, with the aim to guarantee safety for all participants staff and public, the OC has the right to modify courses or time limit gates at any time without notice, or in extreme cases to cancel the event.

Eventual modifications/cancellation can happen before the start or during the race; participants will be immediately informed by email, website or directly by the staff along the course.

ART 8. EVENT PROGRAMME

Time modification can be possible due to organizational needs.

FRI 25.09	TECHNICAL BRIEFING	TLM VILLAGE, Verbania Pallanza	04.00 pm English - 05.00 pm Italian
SAT 26.09	RACE	LOCATION	DEPARTURE SHUTTLE BUS (from TLM VILLAGE)
	60K (D+ 4300)	Viale Lido - Cannero (VB)	06.00 am
	38K (D+ 2200)	Centro Sportivo - Miazzina (VB)	08.00 am
	24K (D+ 1350)	P.zza V. Emanuele II, 2 - Cossogno (VB)	09.30 am
	13K (D+ 400)	Via Pallanza, 2 - Mergozzo (VB)	03.30 pm
	START		
	07.00 am		
	09.00 am		
	10.00 am		
	05:00 pm		

ART 9. SHUTTLE BUS TO THE START

ATTENTION! SAT 26.09 Shuttle BUS departure from the TLM VILLAGE towards the Start Area of each race will be mandatory.

To reach their Start Area participants can us, free of charge by showing their BIB, Shuttle BUS departing from TLM VILLAGE with following time schedule.

60K	06.00 am
38K	08.00 am
24K	09.30 am
13K	03.30 pm

ART 10. ENVIRONMENT RESPECT

Is strictly forbidden to throw waste along the course; penalty is an immediate disqualification in addition to fines applied by local laws.

Every participant must respect the magnificent and uncontaminated environment preserving the beautiful landscape surrounding the TLM.

ART 11. ITRA POINTS

Following ITRA points will be assigned; we recommend consulting dedicated website for more information (<https://itra.run>).

RACE/POINTS: 60K/3 - 38K/2 - 24K/1

ART 12. COMPULSORY/RECOMMENDED EQUIPMENT

Safety first! TRAIL RUNNING races are subject to uncertain weather conditions typical of the Alpine/Mountain environment, a key factor that cannot be underestimated. For this reason, the OC will conduct equipment checks at the start and during the race; anyone missing items from compulsory equipment list, or denying the control, will be immediately disqualified.

In case of good weather conditions, compulsory equipment can be modified; eventual changes will be communicated via e-mail, social media and during the Technical Briefing.

MATERIAL DESCRIPTION RACE	COMPULSARY					RECOMMENDED			
	60K	38K	24K	13K		60K	38K	24K	13K
ID						X	X	X	X
Backpack or backpack + pouch with enough space for whole mandatory equipment	X	X	X						
Elastic storage sport belt				X					
GPS watch/device with GPX trace (free download on www.UTLM.it)	X	X						X	X
GPS Tracker provided by OC	X								
Mobile phone: save emergency numbers of the OC indicated on BIB number; phone always on with no hidden number and 100% charged battery	X	X	X	X					
TRAIL RUNNING shoes suitable for alpine terrain (gravel, stones, plates)	X	X	X						
RUNNING or TRAIL RUNNING shoes				X					
Plastic glass or container with wide cap suitable for drink/food consumption (at refreshment points will not be provided any type of containers)	X	X	X	X					
Water bottles or hydration pack (camelback style) with min 1 lt capacity	X	X	X						X
Headlamp + extra battery pack, alternatively two headlamps	X	X							
Survival blanket (min size 2.0m X 1.40m)	X	X	X						X
Whistle	X	X	X	X					
Elastic band for banding or strapping (min size 100cm X 6cm)	X	X	X	X					
Food reserve	X	X						X	X
Waterproof/windproof jacket (GORETEX Type) with hood, suitable for bad weather condition (cold, wind, rain, snow)	X	X	X						X
Long pants or ¾ pants + long socks to cover entire leg	X	X						X	X
Long sleeve shirt	X	X						X	X
Hat, cap or bandana to cover the entire head	X	X						X	X
Waterproof gloves	X	X						X	X
Sunglasses and sun cream for high altitude						X	X	X	X
Extra warm cloths						X	X	X	X
Waterproof pants cover						X	X	X	X
Extra warm microfiber long sleeve jersey						X	X	X	X
Poles						X	X	X	X
Pocket money for purchases at refuges etc.						X	X	X	X
Basic First Aid KIT (self-medication of small grazes, blisters, etc.)						X	X	X	X

ART 13. COURSE - CHECK POINTS

On course segments with vehicular traffic inside towns/villages, all participants are obliged to respect pedestrian regulation (ex: run aside on roads with traffic, cross streets using pedestrian crossings etc.). If you do not see a "TLM" course sign within 300 meters, go back! You are on a wrong path!

In full respect of TLM spirit to avoid erosion of the wonderful environment hosting us, it is absolutely forbidden to exit the race trails.

TLM races take place in an Alpine/Mountain environment with long stretches inside Val Grande National Park; courses entirely on mountain trails or gravel roads with some sections on asphalt. For 60K there are some exposed Alpine/Mountain style section (Pizzo Marona → Monte Zeda) equipped with fixed rope/chain. Every participant must strictly follow his course indicated by signs, tape and reflective bands visible with headlamp at night hours. It is strictly forbidden to follow different path, the penalty is an immediate disqualification. Random checkpoints will be operating along the course where staff members will check participant's passage and mandatory equipment, any athlete refusing the control will be immediately disqualified.

ART 14. REGISTRATION - MAX N° PARTICIPANTS

Registration will close upon reaching the MAX n° of participants at each distance or by the OC unquestionable decision.

ENTRY FEES – MAX N° PARTICIPANTS

RACE	N° MAX	SLOT 1 (1-50)	SLOT 2 (51-100)	SLOT 3 (101-200)	VILLAGE (unless registration closes)
60K	200	€ 70	€ 80	€ 90	€ 100
RACE	N° MAX	SLOT 1 (1-50)	SLOT 2 (51-100)	SLOT 3 (101-200)	VILLAGE (unless registration closes)
38K	200	€ 50	€ 60	€ 70	€ 80
RACE	N° MAX	SLOT 1 (1-50)	SLOT 2 (51-150)	SLOT 3 (151-300)	VILLAGE (unless registration closes)
24K	300	€ 30	€ 40	€ 50	€ 60
RACE	N° MAX	SLOT 1 (1-50)	SLOT 2 (51-100)	SLOT 3 (101-200)	VILLAGE (unless registration closes)
13K	200	€ 20	€ 30	€ 40	€ 50

SERVICES INCLUDED

GPS Tracker (60K)
Official Gadget
Clothes Deposit
Clothes Bag

BIB
FINISHER Medal
Technical Briefing
GPS Traces

Disposable Chip
Changing Rooms
Refreshments Points
Shuttle BUS → START

Showers
FINISHER Diploma
Timing Points

Medical Assistance
Third Parts Insurance
WC

REGISTRATION OPTIONS**ON-LINE**

By WED 23.09.2026 at 11.59 pm

On www.UTLM.it with easy, fast and secure system.

Registration with payment by credit card or PAYPAL (commission applied).

ART 15. BIB NUMBER/RACE KIT COLLECTION - DELEGATION

THU 24.09.2026 every participant will receive by e-mail the "CONFIRMATION LETTER"; this document must be saved on a mobile device and presented, with a valid ID, at the TLM VILLAGE to collect BIB number.

BIB number is necessary to benefit services dedicated to participants; participants has to indicate, on BIB backside, a name/mobile number to be contacted in case of emergency and save on mobile phone the emergency number indicated on BIB front side. BIB are strictly personal and not transferrable to a third person. It is responsibility of participants to visibly wear their BIB on chest/stomach and it is forbidden to modify it. Participants without or with modified BIB, or BIB given to another person, will be disqualified and persecuted by sport and law authorities.

BIB DISTRIBUTION

TLM VILLAGE - Piazza Garibaldi - Verbania Pallanza (VB)

FRI 25.09 10.00 am - 07.00 pm

SAT 26.09 05.00 am - 03:00 pm

DELEGATION

Only on FRI 25.09.2026, it will be possible to delegate a third person that will need to provide following documentation:

- Confirmation Letter printed/undersigned in original by delegating person + Delegation (attached to Confirmation Letter)
- ID copy (Passport or ID) of delegating person.

ART 16. ENTRY FEE REFUND - DISTANCE CHANGE

Fees refund are not possible; in case of event cancellation due to major forces, the OC will not reimburse entry fees but will evaluate the transfer to next edition.

REGISTRATION TRANSFER

Athletes who cannot participate has the option "Transfer Registration Fee" to TLM 2027 to the same distance selected at TLM 2026. Requests to be send via e-mail to UTLM@pro-motion.it by 06.09.2026 attaching a payment receipt worth € 10,00 commission fee (on payment order specify exp. "Transfer Paul Bright TLM 2027/38K").

Applicants must apply again their registration for TLM 2027 within 30 days prior the event.

Bank Transfer (participants must cover commission fees) to Sport PRO-MOTION A.S.D. - Banca Intesa Sanpaolo ag. Stresa (VB), Italy:

IBAN: IT 40 P030 6945 6801 0000 0009 349 – SWIFT/BIC: BCITITMMXXX

DISTANCE/REGISTERED ATHLETE CHANGE

It will be possible to "Change Registered Athlete or Distance" with requests to be send via e-mail to UTLM@pro-motion.it by 06.09.2026 attaching a payment receipt worth € 10,00 commission fee (on payment order specify exp. "Change Distance / Change Registered Athlete").

In case of race variation to longer distance it will be necessary to pay the cost difference based on registration fees valid on day of request; if the distance will decrease there will be no refund.

Bank Transfer (participants must cover commission fees) to Sport PRO-MOTION A.S.D. - Banca Intesa Sanpaolo ag. Stresa (VB), Italy:

IBAN: IT 40 P030 6945 6801 0000 0009 349 – SWIFT/BIC: BCITITMMXXX

ART 17. TIMING - GPS TRACKER - CHIP

GPS device (60K) and CHIP, mandatory for all MEHT races, are used to verify race time and for safety reasons, monitoring participants transition on different points along the course. GPS devices must be returned at the Arrival Area also in case of withdraw. Not returning the GPS device will result in a fine of € 150.

Timing done using CHIP technology with race time and intermediate timing points; participants not detected at timing points will be immediately disqualified.

CHIP fixed to the BIB and GPS tracker are strictly personal with no possibility to transfer it to a third person, it is participant responsibility to wear them as shown in the instructions. Participants running without CHIP, or CHIP given to another person, will be disqualified and persecuted by sport and law authorities.

ART 18. TIME BARRIERS - MAXIMUM TIME

Participants reaching timing barriers after maximum time limit will be officially out the race and not anymore under the OC responsibility. In case of bad weather or for security reasons the OC can modify time barriers also during the race. Timing barriers can be visualized on races "ROAD BOOK" available at www.UTLM.it.

Timing barriers consider type of terrain and elevation to monitor participant's position due to safety reasons and are calculated considering necessary time to finish the race within maximum time allowed:

60K MAX 17:00 h

38K MAX 11:00 h

24K MAX 09:00 h

13K MAX 03:00 h

ART 19. DISQUALIFICATION

Course marshals/officials will verify full respect of race regulations and, in case of infraction, they will disqualify the participant. Is also possible that the OC verifies irregularities after the race using images/video delivered to the OC. The Race Director can order an immediate disqualification for following infractions:

Irregular Mandatory Equipment
Check Point Control Refusal
Missing assistance/help to other participant
Non-respect of given instruction by Race Director, staff member or doctor/rescuer
Waste abandoning by participant/assistant
Time barrier reached out of MAX Time
No-show at check point along the course
Non-respectful behaviour towards member of the OC, volunteer or other participant
Support along the race course by non-registered person
Use of transportation
Assistance received out of allowed range 100 meters before/after refreshments points
Exchange with other person of: BIB/CHIP/Tracker GPS

ART 20. CLAIMS

Only written claims will be considered; claims must be signed by participants and presented not later than 12.00 am on SUN 27.09.2026 including a deposit worth € 200,00 which won't be refund in case of claim refusal. Claims' jury in charge is composed by: Race director - Rescue Manager - Course Marshalls. The jury can deliberate, without right of appeal, upon verifications that can be made also after the event using static and/or moving footage.

ART 21. WITHDRAWAL

Participants pulling out must take off their BIB. The bracelet is the pass to access all race services, including free transport by “DROP-OUT BUSES” available along courses.

In case of withdrawal, participants must reach the closest refreshment/checkpoint to communicate their decision to the OC who will invalidate the BIB number providing indication for the easiest way to reach in autonomy Verbania. Participants pulling out without notifying immediately the OC, will be charged for all expenses arising from false alarm and eventual activation of the Alpine/Mountain Rescue Service protocol operation.

ART 22. SAFETY - MEDICAL ASSISTANCE

Rescue points will be set-up along the course with dedicated staff and vehicles connected with the OC. Physical and health conditions of participants will be monitored, and in case they will not be considered adequate, there could be temporary or definitive stops without any right of appeal.

Medical staff along the course guarantees assistance only in case of serious issues; therefore, we recommend every participant to carry a basic self-medication kit for small bounds or blisters, which do not need medical assistance. Injured athletes can alert the OC at check/refreshment points, by calling the numbers indicated on their BIB or by asking help to other participants; therefore it is understood that every participant must provide assistance to others in difficulties with disqualification penalty for rescue omission. In case of emergency, by exclusive decision of the OC, the Alpine/Mountain Rescue Team will be alerted and will use any procedure considered necessary including the eventual support from the helicopter. In case of helicopter assistance and if considered appropriate by Alpine/Mountain Rescue Team members, some or all expenses for this operation will be charged to the participant following Region Piedmont laws.

ART 23. PERSONAL MEDICAL INSURANCE

The OC subscribe a third part responsibility insurance for the event; it is strongly recommended to all participants to subscribe a personal medical insurance covering rescue service operations in Italy and the eventual Alpine/Mountain Rescue Team operation by helicopter.

The OC suggest to participants to subscribe an insurance that ITRA (International Trail Running Association - <https://itra.run>) offers to its affiliate.

ART 24. ROAD BOOK - COURSE MAP - GPS TRACES

Road Book, course map, elevation and GPS traces are visible and downloadable free at www.UTLM.it.

ART 25. REFRESHMENTS

To see exact position of refreshments points refer to “Road Book” on www.UTLM.it.

To reduce environment impact, at refreshments points no container will be provided, therefore every participants must carry a container with wide cap suitable for drink/food consumption; the OC provides only liquids to fill up glasses, water bottles or hydration packs.

There will be two kinds of products available at refreshment points:

Drinks: still/carbonated water, hot tea, isotonic drinks, Coca Cola and hot soup.

Food: fresh fruit (ex: watermelon, bananas, oranges, apples), dry fruits (ex: apricots, raisins), biscuits, chocolate, salted snacks, cheese, salami and bread.

ART 26. CHANGING ROOM - SHOWERS - WC

The OC denies any liability for lost, damaged or stolen items. We advise not to leave valuable items inside clothes bags or inside changing rooms.

Changing Rooms>Showers/WC are available nearby the TLM VILLAGE. WC are available also in some points along the course (see details on “Road Book” www.UTLM.it).

ART 27. CLOTHES BAG DEPOSIT

Every participant will receive with the BIB a clothes bag and a sticker to apply on it.

There will be a clothes bag deposit at TLM VILLAGE where participants can deliver/recollect bags after the race.

ART 28. RANKING - PRIZES

It is not possible to request prizes after timetables indicated below.

Ranking and race diploma will be available on www.UTLM.it.

The award ceremony programme will take place at the Start/Finish Area (TLM VILLAGE) with following timetable:

SAT 26.09	04.00 pm	38K	General Ranking	First 5 Men/Women
		24K	General Ranking	First 5 Men/Women
	07.00 pm	60K	General Ranking	First 10 Men/Women
		13K	General Ranking	First 3 Men/Women

ART 29. PARKING

For the period 25-27.09.2026, car's PAY parking in Verbania will be free of charge for all participants by placing on car window the parking tag with “P” (print tag part of confirmation letter).

ART 30. HOSPITALITY

Accommodation options listed on www.UTLM.it.

ART 31. PHOTO

All participant can visualize picture of the event on www.UTLM.it.

ART 32. HOW TO REACH US

PLANE: International Milan Malpensa Airport distant about 50 Km
www.sea-aeroportoimilano.it

BUS: Shuttle BUS Airport Milan Malpensa/Milan Bergamo - Verbania (booking requested)
www.comazzialibus.com/ComazziAlibus/
www.safduemila.com/linee/alibus-malpensa-lago-maggiore/

CAR: Highway A8 dei Laghi with link to A26/E62 direction Sempione exit “VERBANIA”
www.autostrade.it

TRAIN: Direct connection from Milan, Turin, Geneva and Zurich, train stop Verbania.
www.fsitaliane.it
BUS line Verbania Train Station - Verbania Centre
www.vcotrasporti.it/it/orari.php